

**TRAINING**

**SUPPLIES & REQUIRED ITEMS**



## TRAINING MATERIALS & SUPPLIES

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For a successful training, review the recommended material(s) and have the following supplies accessible.

# RECOMMENDED TOOLS



## EUROTHREADS PREFERRED

Several threads are available in the current market but we use EuroThreads due to both quality and their advanced technology. EuroThreads offers the largest selection of thread sizes.



## MAPPING TOOL REQUIRED

A wax pencil or surgical marker is used to draw vector lines on the skin surrounding the treatment area(s). Lines outline the path that the thread follows after thread insertion.



## CLEANSER FDA REQUIRED

Anti-bacterial cleanser should be used to disinfect each injection site prior to needle or cannula insertion. Iodine or betadine can also be used in place of anti-bacterial cleanse.



## LATEX GLOVES FDA REQUIRED

As with any cosmetic treatment, it is important and a legal requirement that the medical professional maintain a sterile environment. Latex gloves play a primary role in sterilization.



## SUTURE SCISSORS REQUIRED

Any pair of scissors will work but suture scissors are most effective. Suture scissors are used for clipping the remaining thread that is left outside of the skin after thread insertion.



## TWEEZERS REQUIRED

Surgical tweezers with a smooth or barbed tip are necessary for thread removal. In the event a thread disengages or extrudes from entrance site removal will be required.

# ADDITIONAL TOOLS



## PHLEBECTOMY HOOK REMOVAL

Phlebectomy hooks are the preferred tool used to remove a thread that has been inserted incorrectly or is causing the patient discomfort. They are available in disposable form.



## GAUZE REQUIRED

Any type of gauze can be used for thread lifting purposes. However, gauze allowing for maximum absorption is preferable in the event that a vein is accidentally nicked.



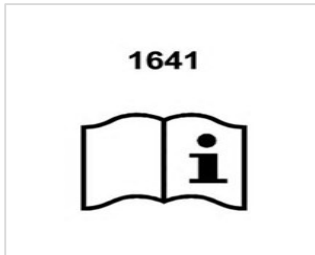
## LARGE NEEDLE REQUIRED

Ideally an eighteen (18) gauge needle should be used for pre-injection purposes. The needle is inserted into the injection site creating a port for the cannula to then be inserted.



## LIDOCAINE PER PATIENT

The use of either a topical or injectable antiseptic is completely dependent on each patient's tolerance to pain and left to the discretion of the injector.



## TRAINING MANUAL FDA REQUIREMENT

As with any medical device requiring FDA approval, it is important to consult the product manual. Also, pay close attention to any and all declarations on the product's label.



## AUTOCLAVE OPTIONAL

The use of an autoclave is recommended but optional. Many of the tools required are available for purchase in a sterilized, single use disposable form.

# TRAINING RESOURCES

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EuroThreads offers multiple online resources for thread lift training and continued education. Additionally, we work with several qualified aesthetic training companies and qualified trainers throughout North America.

